



Northside Partnership Newsletter

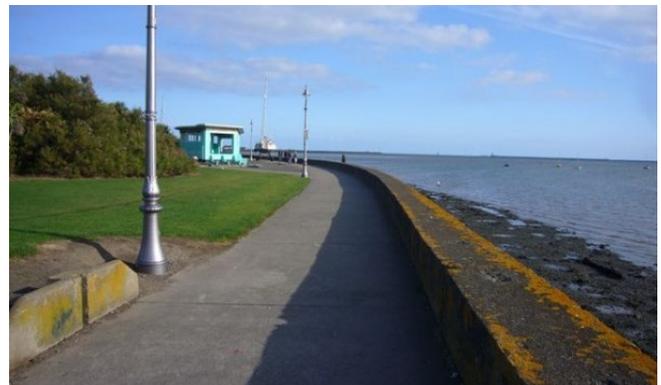
Issue 7 - August 2014

Get In Shape With These Upcoming Health Heroes Events!

Our Health Heroes group have announced two exciting new free activities that are open to all people living in the Northside Partnership area. The **Activity Trail Introductory Programme** will show Northsiders how to use the fitness equipment in their local park with the help of a qualified fitness instructor. Classes will run every Thursday for 4 weeks starting 28th August in Stardust Memorial Park from 6.30 to 7.30pm and Edenmore Park from 8.00 to 9.00pm. For more information or to register email health-heroes@nspartnership.ie or call 085-2019415.



Northsiders are also invited to join the Health Heroes for a **5km Family Coastal Walk on Saturday 20th September** in Clontarf. This promises to be a fun-filled day with all walkers invited to join us in the family fun zone after their walk for picnics, games, face painters, bouncy castles and more. Registration and starting point for the walk is the car park opposite Clontarf Post Office. Registration @ 12pm; Walk @ 1pm; Family Fun Zone @ 2 – 4.30pm. Pre-register at www.northsidepartnership.ie/health-heroes before 13th September to receive a free goody bag.



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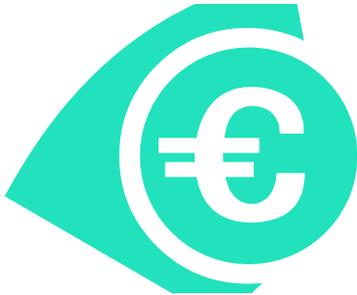
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Budding Entrepreneurs Wanted for Next Start Your Own Business Course!



We are offering a new Start Your Own Business Course that will start on Monday, 29th September. The course will take place from 6.30—9.30pm on Monday and Tuesday evenings over three weeks. If you would like to learn more about everything from tax to time management, please contact our Enterprise Officer Joyce Topham on 01-8485630 or email joyce.topham@nspartnership.ie.

Greendale Jobs Club—Opportunities for Job Seekers

Our staff in Greendale Jobs Club have been busy in recent months putting together an exciting range of talks and opportunities to help people living in north east Dublin to find work. On Thursday, 21st and Monday, 25th August, the Jobs Club hosted two talks with Jim Nolan from the IE Network on “Networking and Elevator Pitches” and “Goal Setting for Job Seeking.” These will be followed by another talk with **Lisa O’Connor, make-up artist for The Voice of Ireland** on **Tuesday, 26th August** at 1.30pm. Lisa will be presenting on the topic of make-up for interviews. Prior to her position with The Voice, Lisa was the manager of MAC in Brown Thomas and will also be giving hints and tips on interviewing from her time in this role.



In addition to these talks, the Jobs Club team will also be out and about offering CV and interview advice at a number of events in the local area. On **Tuesday, 9th September** they will be holding a **CV Clinic from 10am—4pm in the Baldoyle Training Centre** at an open day hosted in conjunction with the Department of Social Protection. On **Wednesday, 1st October**, they will be present to offer CV and interview advice at a **jobs fair in Trinity Sports Centre** from 10am—4pm. All people living in the Northside Partnership catchment area who are looking for work are welcome to come along to these events. For more information or to register for a talk to guarantee your place, email jackie.rynn@nspartnership.ie or call 01-8320995.

Finally, well done to the 25 Jobs Club participants who attended a day with the Musgrave’s Group HR Team in Kilcock where they discussed CV and interview techniques, took a tour of the plant and received a complimentary lunch and skills certificate from the Musgrave’s Group.



LES Job Placement Figures Ahead of Target for 2014

Our Local Employment Service (LES) continues to see over 80 clients each week in our Coolock and Kilbarrack offices to offer support with applying for jobs, writing CVs and getting training. The good news is that so far for 2014, the service is ahead of its targets for job placements. By the end of July, the service had placed 298 clients into employment, surpassing their own target of 265. To date in 2014, they have also placed 851 clients into education and training opportunities, again over achieving on their target of 660 for this stage in the year. Well done to all of our Employment Guidance Officers and to our clients for their hard work and determination to get back to work! To contact our LES, call 01-8485608 (Coolock) or 01-8320995 (Greendale).

LES—Working With Employers To Find The Right Candidate

Our LES also works with employers to help them find suitable candidates from our client base. On 19th August, the LES facilitated interviews for 9 Local Employment Service clients who had up to date forklift licences with an employer offering full-time vacancies for forklift drivers in the Dublin Docklands area. The interviews were a great success, with the employer stating that he was very impressed and will be looking to take on five of the candidates who were interviewed. If you would like to work with our LES to fill a vacancy, please call us on 01-8485608 / 01-8320995.



Upcoming Training Opportunities—Computers and Healthcare

Northside Partnership and KLEAR will be offering a new **“Computers and English Skills”** course at KLEAR, Kilbarrack starting in the second week of September. This course is suitable for anybody who is looking to achieve a qualification in computer skills. The course also includes modules on learning strategies and English skills to help participants brush up on all the basics. To find out more or book a place, please contact Lisa Bornemann on 01-8320995 or email lisa.bornemann@nspartnership.ie.

If computers aren't your thing, you might be interested in a **FETAC Level 5 Healthcare Traineeship**. Our LES is currently running its ninth Healthcare Traineeship course which runs until the end of 2014. This is a very popular course which offers participants excellent employment prospects. The LES are now accepting expressions of interest for the next course which will start in February 2015. Please contact Lisa Bornemann on 01-8320995 or email lisa.bornemann@nspartnership.ie.



Preparing for Life: Some Families Move On and Other New Developments

This September, Preparing for Life (PFL) will say goodbye to some familiar faces when 91 children from the programme's first phase start school. Preparing for Life will offer the families the opportunity to have their child's photo portrait taken in their new school uniform to mark this exciting event in their lives. It is hard for the PFL team to say goodbye to these families having worked with them since pregnancy to help prepare the child for starting school. We wish them all the best of luck! The team however are also being kept busy as they continue to work with new families, early years settings and schools in the area to deliver their expanded Area Based Childhood Programme.

As part of this, a new Bosom Buddies Breast-feeding Support Group has been announced. It will run every Tuesday from 12—1pm in the Bell Building, Darndale with tea, toys and chats guaranteed for all mothers who come along.

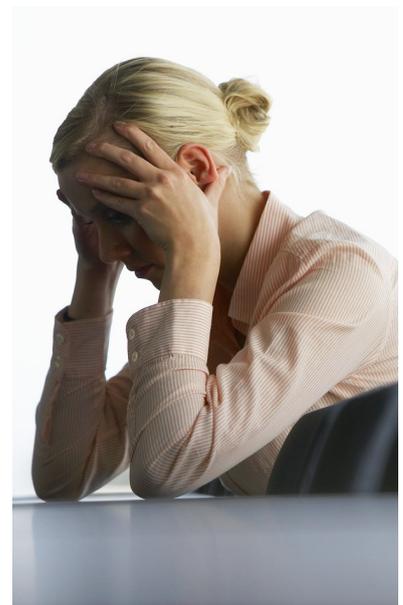


Toddlers, siblings and friends are also welcome. Any parent living in the Northside Partnership area can pop along to this group or call 01-8771509 for more information.

Finally, well done to all in the Preparing for Life Research Team at the UCD Geary Institute who have just had their first academic paper published on the project in the European Journal of Obstetrics and Gynaecology and Reproductive Biology in July 2014.

Stress Control Course Starting 23rd September in Coolock

Preparing for Life is pleased to announce a new six week Stress Control Course that will be held on Tuesday evenings from 7—8pm in the Parish Centre, Coolock Village. The course will start on 23rd September and will run until 28th October. The course is free and open to everyone in the community. During the hour-long session participants listen to a presentation about stress given by the course facilitator who looks at a different topic in relation to stress each week. Topics covered can include the causes of stress and relaxation techniques. Participants will receive weekly hand outs, a relaxation CD on week three and a booklet on week six. For more information contact Melanie on 01-8771509 or email melanie.murphy@nspartnership.ie.





Check Out Our Upcoming Education and Career Guidance Events

Our Career Guidance section is pleased to announce a number of events for September / October 2014 to support people living in the Northside area to explore the education and career choices open to them. On **Thursday, 4th September** we will host an **Adult Education Fair** in the Northside Civic Centre, Bunratty Road from 10am—1pm. All are welcome to come along to meet with a range of education and training providers who will be present on the day. There will also be a **CV and Interview Skills Workshop** from 11am—12.30pm. For more information, contact Paul Hayes on 01-8485630 or email paul.hayes@nspartnership.ie.

On **Thursday, 16th October**, we will host our annual **Education for All Fair** for 4th, 5th and 6th year students in Parnell's GAA Club, Coolock. This fair features all the major further and higher education providers and gives students the chance to meet with the college personnel, get information and ask questions that will help them to make choices on their future education options.



NESN Training for Teachers in the New School Year

Our Northside Education Support Network (formerly known as the Regional Education Network) has lined up an exciting timetable of activities for education providers based in north east Dublin for the 2014/15 academic year. Highlights from the first term workshops on offer will include Effective Numeracy Teaching with Dr Noreen O'Loughlin from Mary Immaculate College on 25th September; Introduction to Values, Money and Me on 7th October; Modern Teaching for Modern Learning with Paul Ginnis on 22nd October for post-primary teachers; Managing Challenging Behaviour with the National Behaviour Support Service on 11th November; and Positive Mental Health & Resilience: The Science of Thriving and Surviving with leading psychologist Shane Martin on 25th November. The NESN will also continue to run its annual art competition which will be on the themes of "Autumn" or "Battle of Clontarf" for 2014. The full timetable can be downloaded at www.northsidepartnership.ie/northside-education-support-network. For all queries, please contact Linda Shanley on 01-8485630 or email linda.shanley@nspartnership.ie.



Local Companies Get Stuck In to Help Northside Communities

Following the very successful Northside Business Supporting Community event hosted by Northside Partnership and Mondelez in May, a number of the companies present at the event have gotten stuck into projects to help their local community.

On 29th July, over 20 volunteers from JP Morgan came to St Joseph's National School in Bonnybrook to transform four classrooms and create wonderful reading spaces for the Write to Read programme which teachers in the school are receiving training in under our Preparing for Life Schools Programme.

InterTrust, another company who attended the event, have also held a fundraising event in the Laughter Lounge on 14th August to raise funds to create a reading corner in a local early years setting. To date their staff have raised €820 for the project and are still accepting donations online until 14th November at [https://www.ifundraise.ie/fundraiser/31300_a-night-of-fun-and-comedy-in-aid-of-the-northside-](https://www.ifundraise.ie/fundraiser/31300_a-night-of-fun-and-comedy-in-aid-of-the-northside-partnership.html)



[partnership.html](https://www.ifundraise.ie/fundraiser/31300_a-night-of-fun-and-comedy-in-aid-of-the-northside-partnership.html). The final figure will be doubled by InterTrust.

A further group of companies have also come on board to support a CV & Interview Skills workshop that will be held in Northside Civic Centre on 4th September by providing volunteers with HR and recruitment expertise to offer one-to-one CV and interview advice. The companies involved include the Dublin Airport Hilton Hotel, JP Morgan, Mondelez, Bunzl Irish Merchants and Worklink.

Northside Community Forum Elections To Be Held on 9th September

The Northside Community Forum will hold its AGM in the Le Cheile building in Donnycarney on Tuesday, 9th September from 2.30—4.30pm. At this meeting, the Forum will be electing four of its members onto the Forum's Steering Group. The Forum will also use this meeting to elect two of its members to serve as Community Directors on the Northside Partnership Board. Nomination forms have already been sent to all members and must be returned by no later than 12pm on Wednesday, 3rd September. Nominations for election to the Forum's own Steering Committee should be sent to kate.mitchell@nspartnership.ie. Nomination forms for election to the Northside Partnership Board should be sent to company secretary Irene Beare at irene.beare@nspartnership.ie. For further information, please call 01-8485630.



Education Trust Students Moving on Up

Congratulations to Education Trust graduate Caroline Martin, who has been supported by the trust to complete a course in Art and Design at Limerick Institute of Technology. Caroline is pictured below at this years Limerick School of Art and Design Graduate Fashion Show where she received the Bord Gais Award for Fabric Innovation and Concept Development

A further six students have been selected for the Education Trust this year following a competitive interview process in June. This brings the total number of students to be supported for the 2014/15 academic year to eleven. The Education Trust provides financial support to students from low income backgrounds to help them study abroad or outside the greater Dublin area when the costs of living away from home would otherwise make it impossible.



Stop Smoking Support Course to Start on 3rd September

Our Stop Smoking Programme is offering a free stop smoking support course which will run on Wednesdays in the Priorswood Outreach Centre starting on Wednesday, 3rd September 2014.

Courses run from 10am to 12pm. For more information or to register, please call 085-8478960/1 or 01-8771507.

Priorswood Mens Shed is Looking for New Members

The Priorswood Mens' Shed is now up and running and looking for new members to join the group. Any men living in the local area, who are looking for something to do and would like to meet other local men who share their interests, are invited to come along to the Priorswood Outreach Centre for talks / activities on Wednesday 3rd, 10th, 17th and 24th September from 10am—12pm. The Outreach Centre is located on Clonsaugh Drive, just past St Francis Parish Church. For more information call Ciaran on 086-8150799 or Maureen on 01-8486458.





New Group of Young Community Leaders Come on Board

The next crop of Young Community Leaders will begin their year long youth leadership training course on 2nd September. So far 28 young people have been offered places on the programme following three recruitment evenings held on the 2nd, 9th and 16th July. Final places will be allocated following interviews this week. We wish this group of inspiring young people the best of luck as they embark on their year long adventure which will see them gain a FETAC Level 6 Foundation Certificate in Youth Leadership and Community Action as well as becoming involved in initiatives that will make a difference to their local community.



Find Out More About Northside Partnership

To find out more about the employment, education, children & family, youth, enterprise and local development programmes and supports that we offer, please visit our website

www.northsidepartnership.ie.

Click on the buttons below to follow us:



Northside Partnership



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Subscribe to this Newsletter

Northside Partnership is a local development company. We work to improve the opportunities for people and communities in north east Dublin to bring about positive changes in their own lives and the life of their community. We offer a range of programmes and services to support individuals, local organisations, groups and communities in Dublin 3, 5, 13 and 17. Our work is funded by the Irish Government, charitable organisations and private sources.

A full listing of our funders can be viewed [here](#).

For more information on the articles in this newsletter, please contact Sinead Murphy by emailing sinead.murphy@nspartnership.ie or call 01 8485630.